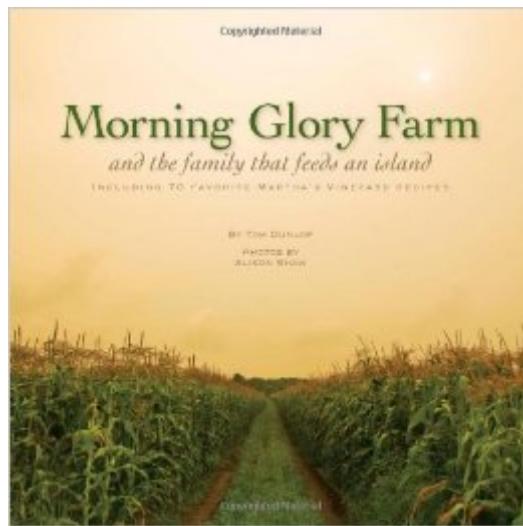


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# Morning Glory Farm, And The Family That Feeds An Island



## Synopsis

Winner, Gourmand World Cookbook Awards. Best Local Cuisine cookbook in the United States.

Everyone on the the Island of Martha's Vineyard off the coast of Massachusetts eventually ends up at Morning Glory Farm -- celebrities, Islanders, summer visitors, foodies. Buying fresh, locally grown and prepared foods from Morning Glory is a rite of passage. Here, rich in detail and lush with the photographs of Alison Shaw, is the story of how the farm came to exist, the family that makes it happen, and the food that excites us all. The 70 recipes include favorites from both the farm stand and some well-known Island chefs. The Morning Glory Farm story is a romantic one: A young husband and wife hailing from different ends of Martha s Vineyard, with different backgrounds and different expectations in life, carve a few acres out of woodlands and plant what turns out to be a crop of wormy corn. Thirty years later, the worms are gone, and the couple plant, cultivate, harvest, and sell dozens of fruits and vegetables, prepared dishes and baked goods from a rustic farm stand that is the epicenter of fine, locally grown foods on the Vineyard. They supply restaurants with their produce restaurants that then brag about using Morning Glory products and they literally have people waiting in lines to buy just-picked corn and just-baked pies. And they do this with the help of a large and loyal crew and two sons who work alongside them planting and harvesting by hand on this most traditional of farms. It is a lesson in sustainable farming that is not to be missed. This book tells the story of those thirty years, and gives you recipes of the food they offer for sale, along with Jim and Debbie Athearn s own family recipes and recipes from some of the Island s favorite chefs.

## Book Information

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## Customer Reviews

Morning Glory Farm and the Family that Feeds an Island is a true gem. The recipes that our family has tried have all been delicious, and we like the emphasis on local, naturally grown produce & meats. The baked goods are fabulous! This is more than a collection of recipes however. The first part of the book is the inspirational story of the family farm that began several decades ago on the island of Martha's Vineyard. The same family runs it still, and the farm...and the farmer's market and bakery... have certainly come into their own today. Exceptionally well written and with beautiful photographs, this book belongs on the coffee table as well as in the kitchen.

In a world where processed foods have become the norm, it's nice to read the story of sustainable farming at Morning Glory. I can't recommend this book enough - the recipes are healthy and delicious, and the story of the Athearn family heartwarming. It's lovely to read a story of a family that shares such a unique passion.

I've visited Martha's Vineyard for years, and always loved stopping by Morning Glory Farm to stock up on fruit, vegetables and other fresh provisions. The farm always appears as a peaceful oasis, and a celebration of life itself. But in some ways reading the book is even better. As usual, Alison Shaw's photographs are remarkable. They capture and expand on the unique island light, a rich shining that bathes the beaches in summer, and glitters like Baccarat in winter. She is to the Vineyard what Edward Steichen was to New York. She alone is worth the book's price. But my wife and I now have tried many of the recipes, and happily served them to friends. The stuffed peppers are to die for. The crunchy granola beats the barking Brand X version hands down. Try the clam chowder, the fish stew, the striped bass, anything and everything in fact. I recommend them all - and the book most of all.

The collaboration of Tom Dunlop, Alison Shaw, and Vineyard Stories has once again proved successful with this combination cookbook/family story. Morning Glory Farm, the largest and one of the oldest farms on Martha's Vineyard has been family owned and operated from the beginning. They still continue to feed an island with fresh, local meat, produce, and baked goods. The food photography and intimate portraits make the reader feel as if they are a part of Morning Glory. It instilled in me a desire to be a farmer, a yearning for hard work, and for a simple, good life. Morning Glory Farm was the sole cookbook in my house for a while, and it had enough delicious recipes to get me and my roommates through every season, every appetizer, and every dessert. My personal

favorite is the "Monkey Bars" a banana, coconut, and chocolate chip combination that puts other baked goods to shame with its flavors. I recommend this book to any lover of cooking, local food enthusiasts, or New Englanders who just want a little taste of home.

This is what the Vineyard is all about--community and personal passion. Morning Glory is a mainstay on the Island, beloved by all, year-round. It's where we go for our Thanksgiving turkeys and our Halloween pumpkins and for the herbs and veggies and cheese and all other good things that sustain us. Any book on this subject would be welcome--but this is so elegantly written and beautifully photographed. A real treasure.

Morning Glory Farm and the Family that Feeds an Island offers up more than just delicious recipes! The story of farm and family is what really is at the core of the cookbook and really adds to the understanding of the importance and acceptance of the local farm. The recipes are made from simple, locally grown and harvested foods, and are very easy to understand and prepare. One of the best cookbooks ever!

This cookbook is great. I love that it is split up into seasons, which helps you buy fresh and buy local! Furthermore the recipes are delicious. The fall/winter minestrone is a great twist on a classic and it tastes great.

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